This rolling gravel road is a popular running destination for high school, collegiate, and marathoners as it features a good mix of terrain over a quiet, scenic, soft surface country road. The course runs in one direction. Parking is available in the gravel lot at the corner, courtesy of our friends at The Miller School.

DIRECTIONS:
From downtown Crozet take 240 South to 250. At the 250 4-way light intersection, go straight across onto Miller School Road. Follow the Miller School Road for 2.5 miles and look for the parking lot on the right.
Special Out-of-Town Guest Coupon

15% OFF Shoes, Socks, and Inserts!!

The discount is off the suggested retail price.

FREE Doorstep Parking

Ragged Mountain Running Shop
3 Ellenwood Ave Charlottesville, VA
DOWNTOWN LOOP

3 MILES

This scenic route highlights many of our community’s popular sites including the pedestrian bricked downtown mall and the historic court square area with many 18th and 19th century buildings, including the old County Courthouse. It also takes you through the beautiful tree-lined streets of the north downtown neighborhoods.

UP TO END OF DOWNTOWN MALL TO 7TH STREET

← LEFT ON JEFFERSON ST
→ RIGHT ON 2ND ST NE
UP NORTHWOOD AVE TO EVERGREEN AVE TO LEXINGTON AVE
→ RIGHT ON MAPLE
← LEFT ON 7TH
BACK UP THE MALL TO HOTEL

Course designed and measured by Mark Lorenzoni and the Ragged Mountain Running Shop, Virginia’s oldest family specialty running shop located at 3 Elliewood Avenue. Graphic design by @TwinsRun. For a local race calendar, visit charlottesvilletrackclub.org.

YOUR LOCAL RUNNING HOSTS

Ragged Mountain Running Shop
Charlottesville Track Club
Charlottesville Albemarle County Virginia
Special Out-of-Town Guest Coupon

15% OFF Shoes, Socks, and Inserts!!!

The discount is off the suggested retail price.

FREE Doorstep Parking

This route is available on mapmyrun.com.
A rolling run through some of Charlottesville’s oldest and most scenic neighborhood’s with a flat tour of the paved two mile long (one way) Riverview Park path that runs alongside the beautiful Rivanna River in the historic Woolen Mills district.

**Course designed and measured by Mark Lorenzoni and the Ragged Mountain Running Shop, Virginia’s oldest family speciality running shop located at 3 Elliewood Avenue. Graphic design by @TwinsRun.**

**For a local race calendar, visit charlottesvilletrackclub.org.**

**Your Local Running Hosts**

- Ragged Mountain Running Shop
- Charlottesville Albemarle County Virginia
- Charlottesville Track Club
DOWNTOWN RIVER RUN
~ 9.5 MILES

Special Out-of-Town Guest Coupon
15% OFF Shoes, Socks, and Inserts!!!
The discount is off the suggested retail price.

FREE Doorstep Parking

Ragged Mountain Running Shop
3 Elliewood Ave Charlottesville Va
LONG LOOP / UVA GROUNDS TOUR
6 MILES

A scenic tour of Jefferson’s historic university grounds and its surrounding neighborhoods, of note are the world famous Rotunda, the UVa Chapel, The Lawn, “Greek Row” at Rugby Road, the painted Beta Bridge and “Mad Bowl.”

HOTEL TO UNIVERSITY AVE
➢ RIGHT ON RUGBY RD
◂ LEFT ON UNIVERSITY WAY
◂ LEFT ALONG LAMBETH ACROSS FOOTBRIDGE

FOOTBRIDGE THROUGH PARKING LOT TO MASSE RD
◂ LEFT UP MASSIE RD
➢ RIGHT AT LEONARD SANDRIDGE LIGHT

FOLLOW MASSIE TO “THE PARK”
1 LOOP AROUND = 1/2 MILE

RETURN ON MASSIE RD
◂ LEFT AT LEONARD SANDRIDGE LIGHT
➢ RIGHT ON COPELEY (PAST TRACK)

COPELEY TO ALDERMAN RD
ALDERMAN TO WHITEHEAD RD
◂ LEFT ON WHITEHEAD RD
◂ LEFT ON ENGINEERS WAY
➢ RIGHT ON MCCORMICK RD
➢ RIGHT AT AMPITHEATER
◂ LEFT AT UVA LAWN TO ROTUNDA
➢ RIGHT TO UNIVERSITY AVE BACK TO HOTEL

Course designed and measured by Mark Lorenzoni and the Ragged Mountain Running Shop, Virginia’s oldest family speciality running shop located at 3 Elliewood Avenue. Graphic design by @TwinsRun.
For a local race calendar, visit charlottesvilletrackclub.org.

YOUR LOCAL RUNNING HOSTS
This route is available on mapmyrun.com.
LONG UVA GROUNDS LOOP TOUR
~ 7 MILES

A scenic tour of Jefferson’s historic university grounds and its surrounding neighborhoods, of note are the world famous Rotunda, the UVa Chapel, The Lawn, “Greek Row” at Rugby Road, the painted Beta Bridge and “Mad Bowl.”

UP MAIN ST TO UNIVERSITY AVE
UNIVERSITY AVE TO RUGBY
➤ RIGHT ON RUGBY
◂ LEFT ON UNIVERSITY WAY
◂ LEFT ALONG LAMBETH ACROSS FOOTBRIDGE
FOOTBRIDGE THROUGH PARKING LOT TO MASSIE
◂ LEFT UP MASSIE
➤ RIGHT AT LEANARD SANDRIDGE LIGHT
FOLLOW MASSIE TO THE “UVA PARK”
1 LOOP AROUND PARK = 1/2 MILE
BACK UP MASSIE
◂ LEFT AT LEONARD SANDRIDGE LIGHT
➤ RIGHT ON COPELEY (PAST UVA TRACK)
COPELEY TO ALDERMAN RD
ALDERMAN TO WHITEHEAD RD (STADIUM)
◂ LEFT ON WHITEHEAD RD
◂ LEFT ON ENGINEERS WAY
➤ RIGHT ON MCCORMICK RD
➤ RIGHT AT AMPITHEATER
◂ LEFT AT UVA LAWN TO ROTUNDA
➤ RIGHT TO UNIVERSITY AVE BACK TO MAIN ST

Course designed and measured by Mark Lorenzoni and the Ragged Mountain Running Shop, Virginia’s oldest family specialty running shop located at 3 Elliewood Avenue. Graphic design by @TwinsRun. For a local race calendar, visit charlottesvilletrackclub.org.

YOUR LOCAL RUNNING HOSTS
LONG UVA GROUNDS LOOP TOUR
~ 7 MILES

This route is available on mapmyrun.com.

Special Out-of-Town Guest Coupon
15% OFF Shoes, Socks, and Inserts!!!
The discount is off the suggested retail price.

FREE Doorstep Parking

This route is available on mapmyrun.com.
A scenic tour of Jefferson’s historic university grounds and its surrounding neighborhoods, of note are the world famous Rotunda, the UVa Chapel, The Lawn, “Greek Row” at Rugby Road, the painted Beta Bridge and “Mad Bowl.”

Course designed and measured by Mark Lorenzoni and the Ragged Mountain Running Shop, Virginia’s oldest family specialty running shop located at 3 Elliewood Avenue. Graphic design by @TwinsRun. For a local race calendar, visit charlottesvilletrackclub.org.

YOUR LOCAL RUNNING HOSTS

[Logos of Ragged Mountain Running Shop, Charlottesville Track Club, and other local running groups]
ROUND THE UVA GROUNDS TOUR
~ 4 MILES

Special Out-of-Town Guest Coupon
15% OFF Shoes, Socks, and Inserts!!!
The discount is off the suggested retail price.
FREE Doorstep Parking

This route is available on mapmyrun.com.
ACCESSIBLE TRAIL RUN
RIVANNA TRAILS FOUNDATION

Within a quarter mile from the hotel you will find yourself at one of the more popular trail heads of the Rivanna Trails Foundation (RTF), which is our city’s greenbelt. Widely considered to be one of the most beautiful greenbelts on the east coast, the RTF encircles the city with a 20 mile soft surface path. For a detailed map go to Rivanna Trails Foundation at www.rivannatrails.org.

← LEFT ON MILMONT
← LEFT ON BARRACKS ROAD
← LEFT AT RTF MARKER ONTO DIRT PATH

Course designed and measured by Mark Lorenzoni and the Ragged Mountain Running Shop, Virginia’s oldest family speciality running shop. Graphic design by @TwinsRun.

YOUR LOCAL RUNNING HOSTS
Special Out-of-Town Guest Coupon

15% OFF Shoes, Socks, and Inserts!!!

The discount is off the suggested retail price.

FREE Doorstep Parking
SHORT LOOP / UVA GROUNDS TOUR
~ 3 MILES

A scenic tour of Jefferson’s historic university grounds and its surrounding neighborhoods, of note are the world famous Rotunda, the UVa Chapel, The Lawn, “Greek Row” at Rugby Road, the painted Beta Bridge and “Mad Bowl.”

Course designed and measured by Mark Lorenzoni and the Ragged Mountain Running Shop, Virginia’s oldest family speciality running shop located at 3 Elliewood Avenue. Graphic design by @TwinsRun.

For a local race calendar, visit charlottesvilletrackclub.org.

YOUR LOCAL RUNNING HOSTS

Ragged Mountain Running Shop
Charlottesville Track Club
This route is available on mapmyrun.com.

Special Out-of-Town Guest Coupon

15% OFF Shoes, Socks, and Inserts!!!
The discount is off the suggested retail price.

FREE Doorstep Parking
SUGAR HOLLOW RESERVOIR RUN  
UP TO 4.5 MILES IN ONE DIRECTION  
(with options for unlimited miles of mountain trail running)

This scenic paved run starts in the Western Albemarle Village of White Hall and proceeds west following a mountain stream until the road turns to gravel at the famous Sugar Hollow Dam. Except for the hill coming out (and returning to) the village, the course, which crosses three wooden bridges, is basically flat. If you follow the road to the base of the dam and back again you will almost have a 10 mile run. If you follow the road up beyond the dam for another mile you have several trail options that ultimately bring you to the Appalachian Trail. Parking is available at the White Hall Community Center (2904 Browns Gap Turnpike, Crozet) courtesy of our friends form the White Hall Ruritan Club.

Directions from Crozet:  
Take 810 North out of Crozet for 9 miles. As you approach the “T” Intersection at White Hall you will see the Community Center on the left. Park here.
Special Out-of-Town Guest Coupon

15% OFF Shoes, Socks, and Inserts!!!

The discount is off the suggested retail price.

FREE Doorstep Parking
UVA / DOWNTOWN TOUR
6.5 MILES

A scenic tour of Jefferson’s historic university grounds, its surrounding neighborhoods, including “Greek Row” at Rugby Road, and a run around the popular downtown area, including the pedestrian brick mall and historic Court Square.

UNIVERSITY AVE
➤ RIGHT ON MCCORMICK RD
⇠ LEFT AT AMPITHEATER
⇠ LEFT ON UVA LAWN
CONTINUE ONTO UNIVERSITY AVE
➤ RIGHT ON UNIVERSITY AVE
FOLLOW UNIVERSITY AVE DOWN MAIN ST
UP THE MALL TO 5TH
⇠ LEFT ON 5TH
⇠ LEFT ON JEFFERSON ST
➤ RIGHT ON 2ND

DOWN 2ND TO NORTHWOOD
ACROSS TO EVERGREEN AND UP LEXINGTON
➤ RIGHT ON MAPLE
⇠ LEFT ON 7TH
BACK TO MALL
CONTINUE UP MAIN ST TO UNIVERSITY AVE
➤ RIGHT ON RUGBY
⇠ LEFT ON UNIVERSITY WAY
⇠ LEFT ON LAMBETH FOOTBRIDGE
BACK ONTO EMMET TO HOTEL

Course designed and measured by Mark Lorenzoni and the Ragged Mountain Running Shop, Virginia’s oldest family specialty running shop. Graphic design by @TwinsRun.

YOUR LOCAL RUNNING HOSTS

Ragged Mountain Running Shop
Charlottesville ALBEMARLE COUNTY VIRGINIA
Charlottesville Track Club
This route is available on mapmyrun.com.
A scenic tour of Jefferson’s historic university grounds and its surrounding neighborhoods, of note are the world famous Rotunda, the UVa Chapel, The Lawn, “Greek Row” at Rugby Road, the painted Beta Bridge and “Mad Bowl.”

Course designed and measured by Mark Lorenzoni and the Ragged Mountain Running Shop, Virginia’s oldest family speciality running shop located at 3 Elliewood Avenue. Graphic design by @TwinsRun. For a local race calendar, visit charlottesvilletrackclub.org.

YOUR LOCAL RUNNING HOSTS

![Ragged Mountain Running Shop](image)
![Charlottesville Track Club](image)
This route is available on mapmyrun.com.